Rules of
KYOKUSHIN
Kumite Competition

IBKO
International Budo Karate Organization
KYOKUSHINKAIKAN
Rules of Kumite Competition

1. JUDGING PRINCIPLES AND BASIC REQUIREMENTS

A. The competitors’ safety
The competitors’ safety should always be the main priority of the match officials. In case of an accident the judge must stay calm and act promptly to check the state of the competitor, and if necessary, call the tournament doctor.

B. Judging principles and requirements
The panel of judges and the review panel shall have equal authority in judging the events, but the final decision rests with the Head Judge.
The specified time of free-style fight (Kumite) shall be as follows. In case it is deemed necessary, the Head Judge may allow extra time.
When an unavoidable situation arises, the Head Judge may decide to change the tournament schedule after consultation with the match officials, and the Review panel.
The judge must be able to make fair judgements, make the correct signals and announcement at any time.

C. Corner judges, main judge and judging criteria
1. The bouts will be judged by 5 judges; 4 assistant judges (corner judges) and 1 main judge.
2. The judge gives all commands and announces all decisions.
3. Each judge, including the main judge, has one vote.
4. All decisions must be majority vote of at least three of the five judges.

2. FREE-STYLE FIGHT (KUMITE)

A. Basic Principles
1. Victory is awarded to the contestant;
   - who has scored one full point.
   - who has scored two half points, which make one full point.
   - who won by decision.
   - whose opponent was disqualified or failed to take part in the bout without good reason.

2. Duration of the match and extension procedure
The extension procedure and duration of the bouts will diverge in preliminaries, semi-finals and finals as follows:
<Adult Men, under 35 years old>
• Preliminaries: 2 min; 2 min; 2 min (Final extension)
• Semi-finals and Finals: 3 min; 2 min; 2 min (Final extension)
<Others>
• Preliminaries: 2 min; 2 min (Final extension)
• Semi-finals and Finals: 2 min; 2 min; 2 min (Final extension)

*There is no weight determination.
*In the final extension a winner has to be decided and the judges can not declare a draw and each judge must declare a win to one of the competitors.
3. Obligatory protections
   <Adult Men, under 35 years old>
   - Groin protector
   <Master, over 36 years old>
   - Hands, Shin, Groin protector (Use of knee protector is optional)
   <Youth, 16-18 years old>
   - Hands, Shin, Groin protector (Use of head and knee protector is optional)
   <Junior boy, 13-15 years old>
   - Head, Hands, Shin, Groin protector (Use of knee protector is optional)
   <Lady, over 16 years old>
   - Hands, Shin, Chest, Lower abdomen protector (Use of head and knee protector is optional)
   <Junior girl, 13-15 years old>
   - Head, Hands, Shin, Chest, Lower abdomen protector (Use of knee protector is optional)

<table>
<thead>
<tr>
<th>Class</th>
<th>Protectors</th>
<th>Head</th>
<th>Hands</th>
<th>Shin</th>
<th>Knee</th>
<th>Groin</th>
<th>Lower abdomen</th>
<th>Chest</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult Men, under 35 years old</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>O</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Master, over 36 years old</td>
<td>X</td>
<td>O</td>
<td>O</td>
<td>option</td>
<td>O</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Youth, 16-18 years old</td>
<td>option</td>
<td>O</td>
<td>O</td>
<td>option</td>
<td>O</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Junior boy, 13-15 years old</td>
<td>option</td>
<td>O</td>
<td>O</td>
<td>option</td>
<td>X</td>
<td>O</td>
<td>O</td>
<td></td>
</tr>
<tr>
<td>Lady, over 16 years old</td>
<td>option</td>
<td>O</td>
<td>O</td>
<td>option</td>
<td>X</td>
<td>O</td>
<td>O</td>
<td></td>
</tr>
<tr>
<td>Junior girl, 13-15 years old</td>
<td>option</td>
<td>O</td>
<td>O</td>
<td>option</td>
<td>X</td>
<td>O</td>
<td>O</td>
<td></td>
</tr>
</tbody>
</table>

*Head guard and glove(protector of hands) shall be prepared by the organizer.
Other protectors should be prepared by each competitor. But they must have the same level of protection and keeps similar aesthetic as one homologated by the organizer. And they must be approved by the organizer before using for the tournament. Protectors homologated by the organizer can be purchased at the place of the tournament.
*The head guard does not have the front net. Use of a mouthpiece is recommended.
*Groin protector and lower abdomen protector should be put under the pants.
*Other protectors than glove will be unified in white cloth. Use of leather is not permitted.
*Inner T-shirts for ladies and girls will be unified in white.
*Protection by taping requires the tournament doctor’s permission.

4. Clothing
   Each competitor must wear clean white “karate gi” and put the number cloth to the center of the back.

B. Full-Point (Ippon) Victory

5. Excluding the techniques listed as fouls, a thrust (tsuki), kick (geri), elbow strike (hiji), etc. which vigorously downs the opponent for more than three seconds or results in the opponent’s loss of his/her will to fight scores one full-point.

C. Half-Point (Waza-ari) awarding

6. Excluding the techniques listed as fouls, a thrust (tsuki), kick (geri), elbow strike (hiji), etc. which downs the opponent or results in the opponent’s loss of his will to fight for less than three seconds after which he stands up and resumes the fight scores one half-point. Similarly, when one opponent loses his balance but does not fall down as a result of the other contestant’s thrust (tsuki), kick (geri), elbow strike (hiji) etc. one half-point is declared. Excluding the class “Adult Men”, when kick (geri) is cleanly hit to the opponent’s head which has not been completely defended, one half-point is also declared.
Rules of Kumite Competition

7. When an opponent is downed with any technique, and a well focused, but non-contact, downward punch (gedan tsuki) follows immediately as part of a combination one half-point will be awarded.

8. Two declarations of half-point constitute a full-point victory.

D. Victory by Decision (Hantei)

9. When no clean one-point victory or no disqualification has been made, the victory is awarded by decision.
   The decision will be made according to the following order of priority:
   (1) the competitor who got half-point (Waza-ari)
   (2) the competitor who gave a damage to the opponent
   (3) the competitor who made effective attacks more than the opponent
   (4) the competitor who fought out the spirit more than the opponent
   In case there is fouls (Hansoku) declared to one or both competitors, the decision will be made according to the criteria of the decision which is shown in the attachment.

10. The decision is valid when it is based on the judgement of at least three of five judges.

E. Extensions (Enchosen)

11. When a decision cannot be reached on the basis of the judgement of at least three of five judges, a draw (Hikawake) is declared and extensions are granted.

12. One bout will have up to two extensions after the first round. After the second extension, a decision must be made. For the preliminary of other classes than “Adult Men”, only one extension is allowed.

F. Fouls (Hansoku)

13. The following actions are considered fouls:
   (1) Touching the opponent’s face, neck and throat even slightly with a hand (punch) or elbow attack. (GANMEN-KOGEKI)
   (2) Groin kicks (KINTEKI-GERI)
   (3) Head thrusts (ZU-TSUKEI)
   (4) Attacking an opponent who is already down (TAORETA AITE ENO KOGEKI)
   (5) Attacking from behind (HAIGO KARANO KOGEKI)
   (6) Grabbing the opponent’s neck (Clinch) (KAKE)
   (7) Grabbing (TSUKAMI) and holding (KAKAEMOMI) the opponent’s uniform (karate-gi), arms and legs and throwing the opponent’s body (NAGE)
   (8) Pushing with open hands (SHOTEI-OSHI) or closed hands (SEIKEN-OSHI)
   (9) Such repeated actions as falling down and stepping out right after kicking or punching one’s opponent (KAKENIJE)
   (10) Stepping outside the area frequently
   (11) Such desperate kick as “Kaiten Dou Mawashi Geri”, etc. is valid only once in a bout. (once in the first bout and once in each extensions are valid.) The second one is considered as foul.
   (12) Any other actions that the judges may regard as foul
Rules of KYOKUSHIN Kumite Competition

14. Excluding deliberate actions, fouls result in one warning (Chui).
Four declarations of warning (Chui) result in disqualification (Shikkaku).
Warning will be given to the competitor who makes foul before the opponent.
In case of vicious foul disqualification may be declared.

G. Penalties (Genten)

15. The following situations result in one penalty:
   (1) Two warnings
   (2) Deliberate foul
   (3) Other actions that main judge may consider as a bad attitude towards the contest.

16. Two penalties constitute disqualification.

H. Disqualification (Shikkaku)

17. The following situations result in disqualification:
   (1) Two penalties
   (2) Failing to obey the judge’s instructions during a bout.
   (3) Actions considered as sheer violence, deliberate serious fouls and deliberate bad attitude towards the contest.
   (4) Being late for bout or failing to appear.
   (5) In case the weighing result which is done on the inscription day is in excess of the specified limit. The weight in will be done wearing “Karate gi” and the excess within 2kgs will be allowed, considering the weight of the clothes.
   (6) If there is difference over 5kgs between the declared weight and the weighing result, it also may be disqualified.
   (7) When the opponent cannot continue to fight because of damage caused by foul.

I. Others

18. Any protest against the decision shall not be permitted.
### Rules of KYOKUSHIN Kumite Competition

#### Criteria of the Decision

<table>
<thead>
<tr>
<th>One Warning (Chui)</th>
<th>Two Warnings (Chui)</th>
<th>Three Warnings (Chui)</th>
<th>Four Warnings (Chui)</th>
</tr>
</thead>
<tbody>
<tr>
<td>one half-point (Waza-ari)</td>
<td>two half-points (Waza-ari)</td>
<td>one penalty (Genten)</td>
<td>two penalties (Genten)</td>
</tr>
<tr>
<td>full-point victory (Ippon)</td>
<td>disqualification (Shikkaku)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Table 1

<table>
<thead>
<tr>
<th>Conditions</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 &lt; one half-point warning + one + four half-point warnings</td>
<td>The difference of one warning does not affect the decision excluding final extension. When the 4th time warning is declared, he/she will be disqualified.</td>
</tr>
<tr>
<td>0 &lt; one half-point warning + one half-point warnings + one + three half-point warnings</td>
<td>The difference of one warning does not affect the decision excluding final extension. When the 4th time warning is declared, he/she will be disqualified.</td>
</tr>
<tr>
<td>0 &lt; one half-point warning + two half-point warnings + one + three half-point warnings</td>
<td>The difference of one warning does not affect the decision excluding final extension. When the 4th time warning is declared, he/she will be disqualified.</td>
</tr>
<tr>
<td>0 &lt; one half-point warning + two half-point warnings + one + four half-point warnings</td>
<td>The difference of one warning does not affect the decision excluding final extension. When the 4th time warning is declared, he/she will be disqualified.</td>
</tr>
<tr>
<td>0 &lt; two half-point warnings + one half-point warning + one + three half-point warnings</td>
<td>The difference of one warning does not affect the decision excluding final extension. When the 4th time warning is declared, he/she will be disqualified.</td>
</tr>
<tr>
<td>0 &lt; two half-point warnings + one half-point warning + one + four half-point warnings</td>
<td>The difference of one warning does not affect the decision excluding final extension. When the 4th time warning is declared, he/she will be disqualified.</td>
</tr>
<tr>
<td>0 &lt; two half-point warnings + two half-point warnings + one half-point warning + one + three half-point warnings</td>
<td>The difference of one warning does not affect the decision excluding final extension. When the 4th time warning is declared, he/she will be disqualified.</td>
</tr>
<tr>
<td>0 &lt; two half-point warnings + two half-point warnings + one half-point warning + one + four half-point warnings</td>
<td>The difference of one warning does not affect the decision excluding final extension. When the 4th time warning is declared, he/she will be disqualified.</td>
</tr>
</tbody>
</table>

#### Table 2

<table>
<thead>
<tr>
<th>Conditions</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 &gt; or = one half-point warning + one half-point warning</td>
<td>If there is difference of two warnings, the contestant declared two more than the other basically will lose. But if his/her offence is superior to the other at a rate of 8:2 or more, it is a draw, except final extension.</td>
</tr>
<tr>
<td>0 &gt; or = one half-point warning + two half-point warnings</td>
<td>If there is difference of two warnings, the contestant declared two more than the other basically will lose. But if his/her offence is superior to the other at a rate of 8:2 or more, it is a draw, except final extension.</td>
</tr>
<tr>
<td>0 &gt; or = one half-point warning + three half-point warnings</td>
<td>If there is difference of two warnings, the contestant declared three more than the other will lose, unless he/she gets one half-point.</td>
</tr>
<tr>
<td>0 &gt; or = one half-point warning + four half-point warnings</td>
<td>When the contestant is declared the 4th time warning, he/she will be disqualified.</td>
</tr>
<tr>
<td>0 &gt; or = one half-point warning + three half-point warnings</td>
<td>In this case, there is difference of two warnings. So the contestant declared two more than the other basically will lose. But if his/her offence is superior to the other at a rate of 8:2 or more, it is a draw, except final extension.</td>
</tr>
<tr>
<td>0 &gt; or = one half-point warning + four half-point warnings</td>
<td>When the contestant is declared the 4th time warning, he/she will be disqualified. The number of warnings will not offset.</td>
</tr>
<tr>
<td>0 &gt; or = two half-point warnings + one half-point warning</td>
<td>When the contestant is declared the 4th time warning, he/she will be disqualified. The number of warnings will not offset.</td>
</tr>
<tr>
<td>0 &gt; or = two half-point warnings + two half-point warnings</td>
<td>When the contestant is declared the 4th time warning, he/she will be disqualified. The number of warnings will not offset.</td>
</tr>
<tr>
<td>0 &gt; or = two half-point warnings + three half-point warnings</td>
<td>When the contestant is declared the 4th time warning, he/she will be disqualified. The number of warnings will not offset.</td>
</tr>
<tr>
<td>0 &gt; or = two half-point warnings + four half-point warnings</td>
<td>When the contestant is declared the 4th time warning, he/she will be disqualified. The number of warnings will not offset.</td>
</tr>
</tbody>
</table>