

Rules of Kumite Competition (Obligatory protectors)

Protectors Class	Head	Hands	Shin	Knee	Groin	Lower abdomen	Chest
Adult Men, 18-39 years old	X	X	X	X	O	X	X
Master, over 40 years old	X	O	O	option	O	X	X
Youth, 16-18 years old	option	O	O	option	O	X	X
Junior boy, 13-15 years old	O	O	O	option	O	X	X
Lady, over 16 years old	option	O	O	option	X	O	O
Junior girl, 13-15 years old	O	O	O	option	X	O	O
Child, under 3rd grade, boy	O	O	O	X	O	X	X
Child, under 3rd grade, girl	O	O	O	O	X	O	X
Child, 3rd grade & over, boy	O	O	O	O	O	X	X
Child, 3rd grade & over, girl	O	O	O	O	X	O	O

Besides this illustration, please read the rule of kumite competition (3. obligatory protections)

HEAD



The head guard for Youth and Lady classes does not have the front net. The front net will be attached for Junior and Child classes only. The head guard will be prepared by the organizer.

HANDS 【Open finger type leather gloves】 for classes except Child classes



Open finger type leather gloves will be prepared by the organizer. The gloves will be sold at the place of the championship.

HANDS 【Gloves made by white cloth】 for Child classes



Each competitor must prepare gloves of the same material and shape. The gloves will be sold at the place of the championship.

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SHIN



Each competitor must prepare shin pads of the same material and shape. The shin pads will be sold at the place of the championship.

KNEE



Each competitor must prepare knee pads of the same material and shape. The knee pads will be sold at the place of the championship.

LOWER ABDOMEN



Each lady competitor must prepare lower abdomen protector of the same material and shape. The protector will be sold at the place of the championship.

CHEST GUARD



Each lady competitor must prepare chest guard of the same material and shape. The product made in hard plastic is prohibited. The protector will be sold at the place of the championship.



The chest guard covering up the whole trunk is prohibited.