

Rules of Kumite Competition (Guidelines for protectors)

Protectors Class	Head	Hands	Shin	Knee	Groin	Lower abdomen	Chest
Adult Man, 18years old or older	X	X	X	X	O	X	X
Adult Man, over 46 years old	X	O	O	option	O	X	X
Under 18 years old, Boy	option	O	O	option	O	X	X
Under 15 /13 years old, Boy	O	O	O	option	O	X	X
Adult / Under 18 years old, Girl	option	O	O	option	X	O	O
Under 15 years old, Girl	O	O	O	option	X	O	O
Child, under 3rd grade, boy	O	O	O	X	O	X	X
Child, under 3rd grade, girl	O	O	O	O	X	O	X
Child, 3rd grade & over, boy	O	O	O	O	O	X	X
Child, 3rd grade & over, girl	O	O	O	O	X	O	O

Besides this illustration, please read the rule of kumite competition (3. obligatory protections)

HEAD



Headguards should be white, as shown above, and should be prepared by the competitor. A set of red cords to be worn around the waist for the red corner should also be prepared. They will be sold at the place of the championship.

If the player of Under18 / Adult Woman classes wears a head guard, the front should be removed
The front will be attached for Under 15, Under 13 and Child classes.

HANDS 【Open finger type leather gloves】 for classes except Child



Open finger type leather gloves will be prepared by the organizer. The gloves will be sold at the place of the championship.

HANDS 【Gloves made by white cloth】 for Child classes



Each competitor must prepare gloves of the same material and shape. The gloves will be sold at the place of the championship.

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SHIN



Each competitor must prepare shin pads of the same material and shape. The shin pads will be sold at the place of the championship.

KNEE



Each competitor must prepare knee pads of the same material and shape. The knee pads will be sold at the place of the championship.

LOWER ABDOMEN



Each lady competitor must prepare lower abdomen protector of the same material and shape. The protector will be sold at the place of the championship.

CHEST GUARD



Each lady competitor must prepare chest guard of the same material and shape. The product made in hard plastic is prohibited. The protector will be sold at the place of the championship.



The chest guard covering up the whole trunk is prohibited.